

General Information for First-Year and Transfer Students – Fall 2022

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Facebook: @MillikinTheatreAndDance

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This page of information is also available at:

<https://millikin.edu/academics/cas/theatre-dance/resources/current-students/school-forms>

Dance Class Dress Requirements

Ballet:

- Those who identify as women - black leotard, pink or skin-tone tights and pink or skin-tone ballet shoes are traditional however, a solid leotard and tights of any color may be worn.
- Those who identify as men - black tights, a white t-shirt or tank top, skin tone dance belt and black, white, or brown ballet shoes are traditional, however dark yoga or bike pants or any solid color tank are also suitable. Ballet shoes for all may be leather or canvas. Canvas shoes are cheaper and break in faster. Split sole ballet shoes are recommended.
- Students who identify as non-binary may wear whichever is most comfortable as long as it adheres to the form-fitting guidelines above so faculty may see if you are properly aligned.

Jazz:

- Those who identify as women may wear any color leotard and tights, trunks, yoga pants or other proper exercise clothes. Baggy sweatpants and shirts may be worn in winter until you are warmed up but must be removed so your teacher can properly see your alignment.
- Those who identify as men may wear a t-shirt or tank top of any color and tights, bike pants, or yoga pants of any color and a skin tone dance belt. Sweatpants and sweatshirts may be worn in winter until you are warmed up but must be removed so your teacher can properly see your alignment.
- All must have jazz shoes. The style and color are your choice, but jazz sneakers are NOT appropriate for jazz class. Split sole shoes are recommended.
- Students who identify as non-binary may wear whichever is most comfortable as long as it adheres to the form-fitting guidelines above so faculty may see if you are properly aligned.

Modern:

- See dress code for Jazz. Modern class is typically taken in bare feet.

Tap:

- See dress code for jazz
- Those identify as women: If you are a musical theatre major your taps must be a character shoe with 2"-2.5" heels. Color is your choice, but shoes close to your skin tone are the most versatile. If you are NOT a musical theatre major, tap oxfords will be permitted.
- Those who identify as men: your shoes should be oxfords with a sturdy sole. Jazz taps are NOT recommended.
- Students who identify as non-binary may wear whichever is most comfortable.

Additional Information on Shoes:

- All musical theatre majors will need character shoes. As a professional you will be expected to have a variety of shoes in a variety of colors, but to get started those who identify as men should have black oxfords. Those who identify as women should have skin-tone ankle or t-strap shoes with a 2.5" or 3" heel which is industry standard. Character shoes with heels lower than 2" are of no use to you anymore. Leave them at home. While you will not be dancing in heels in class often, you WILL Need them for rehearsals, master classes, performances, Theatre Dance (senior year) etc. Students who identify as non-binary may wear whichever dance shoes are most comfortable.

For resources on dance shoes see the Dance Shoe Information document on the Current Students/School Forms page (link at top of page).

Dance Placement Class

There will be a dance placement class during Welcome Week to ensure all dancers have been placed in the appropriate level (time TBA). This class is mandatory for all Musical Theatre majors. All others who would like to study dance during the 2022-2023 academic year are highly encouraged to attend this class as it will be the ONLY placement class all year.

The placement class will consist of a ballet barre, center and across the floor exercises. Dancers should be appropriately dressed for a ballet class. While all dancers who have auditioned for the School of Theatre and Dance have been placed into levels based on their auditions, this class allows the faculty to observe progress dancers have made since their auditions and make any necessary adjustments.

After the ballet placement portion of the class, there will be a brief tap placement for those wanting to take tap class. Dancers will need to bring their tap shoes with them. If you have NEVER studied tap you will be placed in level I classes and do not need to participate in the tap placement.

If you are taking Beginning Movement for Actors I: TH 145

Those who identify as women: black leotard and black gym shorts that end above the knee, or plain black leggings

Those who identify as men: form fitting black sleeveless tank top or black leotard, black gym shorts that end above the knee, or black plain leggings.

Those who identify as non-binary: Please wear whichever is most comfortable to you as long as it adheres to the form-fitting guidelines. *NO loose t-shirts and gym shorts should not have zippers or words printed on back*

There is no book for this course, but there is a required online subscription, the cost of which is covered by your course fee. Specifics on how to enroll in the online subscription will be discussed during the first week of class. You will also need a yoga mat for this class. You may purchase one through an outlet of your choice (Amazon, Target, Walmart, your local sporting goods store, etc...). A yoga mat is also listed as a "supply" for this course and may be purchased through the Millikin Online Bookstore. For those who qualify, book vouchers may also be used for this purchase through the bookstore.

You will also need to have chosen TWO --15 second contemporary monologues, that have been written and take place after 1990. Time them by speaking them out loud. No selections from *Our Town* or *Boys Next Door* and no monologues that are telling stories, no dialect, no phone calls, no poetry. Choose monologues from published plays.

YOU WILL NEED TO BRING THESE MONOLOGUES TO THE FIRST DAY OF CLASS TYPED OUT TO HAND IN. You will not perform them.

Suggested for all Musical Theatre students:

We recommend having a recording device for use in musical rehearsals. This will enable you to record your vocal parts so you can practice them outside of rehearsal. Most phones now have recording devices on them. If yours does not, we recommend purchasing an inexpensive one. You will also be able to use this device professionally.

There will be many audition opportunities beyond the Mainstage Unified Auditions.

It will be helpful if you have prepared before you arrive in the fall at least 2 dramatic monologues and 2 comedic monologues.

Each monologue should be under 1 minute in length, no dialect.

You can find monologues by reading plays. Monologue books are good resources for finding names of plays and names of authors.

However, monologues from those books are highly overused and should be avoided!

Rehearsal Clothes

In addition to appropriate dance clothes, proper rehearsal clothes will be required for all who are cast in mainstage productions. Rehearsal clothes include: a full knee-length or longer rehearsal skirt, character shoes, dark sport coat/blazer, and rehearsal hat (fedora, trilby, alpine). Blazers, skirts, and hats may be tossed around the rehearsal studio and end up on the floor, so they do not need to be new. We recommend a trip to your local thrift store to purchase these items. You can often purchase pieces for less than \$5.

ALSO, for everyone

You will probably be on a show running crew at some time and will need: Black pants, Black, plain (no lettering) t-shirt (long sleeve preferable), and Solid black shoes. Again, you can inexpensively purchase most of these items at a second-hand store).

Costume undergarments you will need: Students cast in mainstage productions are responsible for providing the following undergarments: skin-tone bra, skin-tone trunks, and/or skin-tone dance belt. Please note that sports bras are not appropriate for all costumes, so a traditional bra is required.

AND THE MOST IMPORTANT ITEM TO BRING: small stapler and staples that will fit in your backpack