

## Health Endorsement

School of Education students may add the Health Endorsement to either a secondary teaching certificate or a specialist-teaching certificate. A minimum of twenty-four credit hours of health specific course work and passing of the Health Content examination is required by the State of Illinois. Specific course work for the endorsement follows:

*Required courses: (11 credit hours)*

- ES 140 Standard Red Cross First Aid (2)
- ES 160 Personal and Community Health (3)
- ES 402 Curriculum Development and Evaluation in Health Education (3)
- ES 428/460 Community Health Problems and Practices (3)

*Select ten to thirteen credit hours from the courses listed below:*

- ES 200 Drugs in our Society (1)
- ES 202 Introduction to Safety Education (3)
- ES 321 Health and Pollution (2)
- ES 324 Human Sexuality and Family Life (2)
- ES 325 Growth and Motor Development (2)
- ES 328 Health Related Fitness and Nutrition
- ES 433 Programs in School Health (2)
- ES 460 Topics in Health (3)
- BI 108 Attributes of Life (3)
- BI 120 Human Biology (3)
- BI 120 Biochemistry of Food (3)
- BI 130 Environmental Biology (4)
- BI 204 Essentials of Anatomy and Physiology (4)
- BI 320 Field Ecology for Teachers (4)
- ED 237 Health, Nutrition, and Welfare of Young Children (3)
- NU 102 Medical Terminology (3)
- NU 160 Holistic Wellness (3)

*Select zero to three credit hours from the courses listed below:*

- PS 340 Lifespan Development (3)
- PS 130 Introductory Psychology (3)
- PS 310 Principles of Psychopathology (3)
- CO 100 Interpersonal Communication (3)
- CO 331 Relational Communication (3)
- SO 232 Deviant Behavior (3)
- SO 310 Racial and Ethnic Group Relations (3)
- SO 315 Human Behavior and Social Environment (3)
- SO 321 Community Mental Health (3)
- SO 351 The Family (3)

Any additional health and environment course approved by the Chair of the Exercise Science and Sport department