

Physical Education Major

(With Health, Driver Ed. & Middle School Endorsements)

Bachelor of Science Degree 2010-2011 Bulletin

Four Year Academic Plan

1st Year

By end of 1st Year, students must complete the following five courses in addition to Fall and Spring semester courses:

- ES 130 Prevention & Treatment-3 credit hours
- ES 202 Introduction to Safety Ed-3 credit hours
- ES 015 Aquatics /or ES 016 Fitness & Strength Training/or ES 017 Fitness Development for a total of 1 credit hour.
- ES 160 Personal & Community Health-3 credit hours
- ES 140 Standard First Aid-2 credit hours

Semester Taken			Semester Taken		
IN 140	University Seminar	3 Cr.	ED 170	Education Internship	1 Cr
IN 150	CRWRRI	3 Cr.	IN 151	CRWRRII (Must earn a C or higher)	3 Cr.
	Quantitative Reasoning/prep (ACT math score of 24 or below)	3 Cr		Quantitative Reasoning (MA 125 suggested)	3 Cr.
ED120*	Intro. to American Education *May count as IN 251	3 Cr	CO 200	Communication Requirements	3 Cr.

At the end of the 1st year students should apply to the School of Education and pass the Basic Skills Test.

Notes: _____

2nd Year

By end of 2nd Year, students must complete the following four courses in addition to Fall and Spring semester courses:

- IN 251 US Studies-Structures (ES 221/IN251 suggested for Health Endorsement)-3 credit hours
- ES 328 Health Related Fitness and Nutrition-2 credit hours
- ED 220 The Exceptional Child-3 credit hours
- IN 250 US Studies-Cultures-3 credit hours

Semester Taken			Semester Taken		
ES 401	Methods in Elem. Phys. Ed.	3 Cr.	ES 204	Foundations of Phys. Ed	3 Cr
CH121/ CH151	Gen. Chemistry & Lab	4 Cr.	ED 219	Education Technology	1 Cr.
ED 201	Human Development	3 Cr	<u>BI 204</u>	<u>Essentials of Anatomy & Physiology</u>	4 Cr.
			<u>ES 324</u>	<u>Human Sexuality & Family Life</u>	2 Cr.
			ES 436	Evaluation of PE	2 Cr.
			ES 360	Sport Skills or Fine Arts*	3 Cr.

Notes: _____

- Courses **bolded** are only offered in the semester listed. Courses that are underlined are for K-12 Health Endorsement (ED 440 and ED 450 are required to teach Health in the middle schools). Courses in *italics* are for Driver Ed Endorsement. See the Health endorsement listing on the ESS website for the full selection of classes eligible for the Health endorsement.

3rd Year

By end of 3rd Year, students must complete the following course in addition to Fall and Spring semester courses:

- ES 015 Aquatics /or ES 016 Fitness & Strength Training/or ES 017 Fitness Development for a total of 1 credit hour.

			Semester Taken				Semester Taken
ES 310	Kinesiology	3 Cr.		<i>ED 310</i>	<i>Creating Communities of Learners</i>	3block	
<i>ES 301</i>	<i>Driver Ed. Or Natural Science</i>	3 Cr.		ED 321	Secondary Methods & Assessment	3block	
IN 350	Global Studies	3 Cr.		<u>ES 460/ ES428</u>	<u>Community Health Problems & Practices</u>	3 Cr.	
ES 014	Individual Activities or ES 011 Dance & Creative Movement	1 Cr.		<u>ES 402</u>	<u>Curriculum Dev. & Eval. In Health Ed.</u>	3 Cr.	
	International Cultures & Structures #1	3 Cr.		<u>ED 450</u>	<u>Middle School Philosophy & Practice (Available in the summer)</u>	2 Cr.	
ES 360	Sports Skills or Fine Arts (based on selection completed 2 nd yr. Spring Semester)	3 Cr.		<i>ES 422</i>	<i>Advanced Driver Ed. (Available in the summer)</i>	2 Cr.	

At the end of the 3rd year, the student should apply to Student Teach. Before the 4th year begins, the student should pass the Physical Education Content Test.

Notes: _____

4th Year

			Semester Taken				Semester Taken
ES 431	Adaptive & Physical Education	2 Cr.		ED 488	Education Senior Seminar	2 Cr.	
ES 425	Secondary Curriculum Dev. of P.E.	3 Cr.		ED 476/78	Supervised Teaching	12 Cr.	
	Any Health Endorsement course If ES 221 Personal Health and Pollution Not Taken as IN 251 course	2 - 3 Cr.					
	International Cultures and Structures #2	3 Cr.					
	Natural Science or Driver Ed.	3 Cr.					
<u>ED 440</u>	<u>Early Adolescents & the School</u>	2 Cr.					
ED 425	Instructional Analysis Design & Assessment for Sec. Teachers	1 Cr.		Total = 130 hours (33 hours per year)** **Athletic team credit hours raise the total of credit hours. Athletic team credits are not required and may place you into overload charges.			
ED 424	Teaching Literacy in Content Areas	1 Cr.					

At the end of the 4th year the student should have passed the K-12 APT.

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