

Physical Education as a Second Teaching Field

School of Education students completing a teacher education program can earn an additional endorsement to teach physical education by completing the following suggested requirements to total a minimum of 24 semester hours. In addition, the student must pass the Physical Education Content Test to be endorsed to teach physical education.

Required Courses:

BI 204, Essentials of Anatomy and Physiology (4)
ES 204, Foundations of Physical Education (3)
ES 425, Secondary Curriculum Development of Physical Education (3)
ES 436, Evaluation of Physical Education (2)
ES 325, Human Growth and Development (2)

Select one of these courses:

ES 140, First Aid (2)
ES 130, Prevention/Treatment of Injuries (3)

Select one of these courses:

ES310, Kinesiology (3)
ES410, Physiology of Exercise (3)
ES418, Principles of Strength and Conditioning (3)

Select 4 to 5 credits to total 24 credits in Physical Education requirements:

ES011, Dance/Creative Movement (1)
ES012, Court Games (1)
ES013, Field Games (1)
ES014, Individual Activities (1)
ES017, Fitness Development (1)
ES328, Health Related Fitness and Nutrition (2)
ES431, Adaptive Physical Environment (2)